



Club Constitution (Rules and Regulations) 2024

Name

1. The Name of the Club is Teesdale Athletic Club, and is affiliated to UK England Athletics Reference 2658674.

Aim and Objectives

2. The Aim and Objectives of the Club is to provide facilities for and promote participation of the whole community in the sports of athletics and running.
3. The income and property of the Club shall be applied solely towards promoting the objects of the Club as set forth in these Rules and no portion thereof shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise howsoever by way of profit to any Member of the Club notwithstanding that payment in good faith of reasonable remuneration and expenses otherwise consistent with these Rules may be made in pursuance of the said objects.

Mission

4. Teesdale Athletic Club was established in 1984. Our mission statement is to:
 - a. Bring like-minded people together.
 - b. Inspire and support runners of all abilities, helping people to build confidence and improve through running with others.
 - c. Make keeping fit a fun and sociable activity.

Membership

5. The Club consists of Junior Members, Senior Members, Concessionary Members, Honorary Members and Life Members.
6. Membership of the Club shall be open to all persons irrespective of ethnicity, nationality, sexual orientation, religion or beliefs; or of age, sex or disability except as a necessary consequence of the requirements of athletics, running and triathlon as particular sports.
7. Membership of the Club is confined to those abiding by the Rules of Competition of UK England Athletics.

Subscriptions

8. All members pay an annual subscription paid on a 12-month rolling basis, on the 1st April of each year using the UK England Athletics on-line payment scheme. All contributions and subscriptions shall be paid to the Club, as determined at the Annual General Meeting.
9. Any Member having arrears of contributions or subscriptions shall not be eligible to take part in any competition promoted by the club, nor shall he/she be allowed to participate in the affairs of the Club, including voting in any general meeting.

Senior, Junior & Concessionary Members

10. Senior, Junior & Concessionary Members shall be admitted at the pleasure of the Committee.

Life Members

11. Life Membership will ordinarily be granted only in recognition of a significant personal contribution to the Club's affairs. The total number of Life Members is not limited. Up to two Life Memberships, other than in exceptional circumstances, may be granted between successive AGMs, hereinafter the Term of the Committee.
12. Life Members will rank equally in all respects with Senior Members except that no contributions or subscriptions shall be payable.
13. Life Members shall be elected by the Committee. A candidate may be proposed at any properly convened Committee Meeting, and the candidate for election who receives the unanimous support of the Committee present and voting at any subsequent properly convened Committee Meeting shall be declared elected.

Honorary Members

14. Honorary Membership will be will be appointed at Annual General Meeting to individuals elected to undertake one of the following principle committee roles: President, Chairman, Secretary or Treasurer; also, at the Committee's discretion, individuals agreeing to take on the role of Run Leader, in recognition of their contribution to the Club.
15. Honorary Members shall not pay subscriptions during the term of their committee role.
16. Honorary Members shall be elected at Annual General Committee. A candidate may be proposed by any Member 6-weeks prior to the Annual General Meeting.

Cessation of Membership

17. A Member may resign from membership at any time by notice to that effect given to the Secretary. A Member shall remain liable to pay any arrears of contributions or subscriptions owed by him/her at the time of resignation but without being entitled to any refund of contributions or subscriptions in respect of the remaining period.
18. Failure to pay within 2 calendar months of the due date will result in automatic cessation of membership. If at any time he or she gives to the Committee a satisfactory explanation, he or she may be readmitted to membership at the discretion of the Committee: the Committee will also determine whether or not arrears must be settled as a condition of readmission.
19. Any person shall, upon ceasing to be a Member of the Club, forfeit all rights to and claims upon the Club and its property and funds.

Disciplinary Procedures

20. Any Member may be disciplined or excluded from membership of the Club, if his or her conduct has been or is likely to be prejudicial to the interests of the Club, by resolution of a majority of at least two thirds of those present and voting at a properly convened Committee Meeting and at which not less than 50% or more voting members of the Committee shall be present in addition to whatever other quorum requirements which may apply from time to time. Such Member shall have one month's clear notice sent to him or her of the Committee Meeting and he or she shall be entitled to attend the Meeting along with one other member and be heard in defence but shall neither be entitled to be present at the voting nor take part in the proceedings otherwise than as the Committee shall permit. If the Member is a member of the Committee, he or she shall not be entitled to vote, nor be present during the voting procedure.
21. Any Member disciplined or excluded from the Club or person whose application for membership has been refused by the Committee, may lodge an appeal with the Committee within three months of the relevant decision and shall thereupon have the right to demand that the matter be referred to three arbitrators. The arbitrators shall each be either an Senior or a Life Member and none of them shall be serving on the Committee or shall have been serving on the Committee at the time of the relevant decision that is subject to appeal. The arbitrators shall be chosen as follows: one chosen by the Committee, one by the aggrieved party and one by the two arbitrators. If the first two arbitrators

fail to agree on a third, the third arbitrator shall be appointed by England Athletics or other relevant organising body as shall be nominated by the Committee. Such arbitrators shall have the power by their award to annul the disciplinary action or exclusion, or to annul it subject to the performance of any condition which the arbitrators may think fit to impose. The arbitrators' decision shall be final. Persons whose exclusion or refusal is upheld on appeal, or who have not appealed within three months, may not reapply for membership.

Honorary Officers

22. The Honorary Officers of the Club shall be the Chairman, the Treasurer and the Secretary who shall be elected by the Members at the Annual General Meeting and in accordance with the Rules governing such procedures and shall remain in office until the end of the Annual General Meeting on the year their term expires.
23. Together, the three Honorary Officers of the Club are responsible for the normal operations of the Club within the policies and targets set by the Committee. To assist the Honorary Officers, they may delegate and assign tasks to other members of the Club.

The Committee

24. The management of the Club, except as may otherwise be provided by the Rules from time to time, shall be deputed to a Committee (together the members of the Committee) consisting of: (1) the Chairman, Secretary and Treasurer; and (2) not more than twelve other Ordinary Committee Members all to be elected by the Annual General Meeting in accordance with the respective provisions in the Rules governing such elections.
25. Ordinary Committee Members shall fill and represent the Functional Roles of the Club as listed below. The allocation of these duties shall be by election at the Annual General Meeting in accordance with the rules governing such elections. Duties may be reallocated by mutual consent between the Honorary Officers and all the affected Committee Members.
 - a. Membership Secretary
 - b. Race Director
 - c. Publicist
 - d. TAC Running Kit
 - e. Webmaster
 - f. Welfare Officer
 - g. Team Captains
26. In fulfilling the Functional Roles of the Club, the Ordinary Committee Members in charge of the Role may delegate the implementation of the role's components to managers and captains, who shall be Members of the Club. The Ordinary Committee Member shall report to and advise the Committee on the status of tasks and events in their area.
27. The Honorary Officers and Ordinary Committee Members shall be elected annually, and serve for the period from the adjournment of the AGM at which they are elected until the adjournment of the following AGM, or the Term of the Committee, except as otherwise provided in these Rules. Officers and Committee Members shall be eligible for re-election, except if excluded elsewhere in these Rules.
28. The Committee may act, notwithstanding any vacancy in its numbers, so long as the number of members of the Committee entitled to vote is not reduced below 50% of elected committee members, in which case it shall be entitled to act only for the purpose of appointing or arranging the election of new members of the Committee.
29. Any member of the Committee may resign his or her respective office at any time by notice in writing to that effect given to the Secretary and such resignation shall take effect immediately.
30. The office of an elected member of the Committee shall be vacated with immediate effect:
 - a. if he or she shall cease to be a member or shall be excluded or suspended.
 - b. if he/she shall be absent from the Committee Meetings for more than two consecutive or one third of committee meetings without the explicit consent of the Committee, to be recorded in the minutes of the committee.
 - c. if he/she fails to pay their subscription on or before the due date unless extended for good cause by the Committee.

Casual Vacancies

31. The Committee shall have the power to appoint a Member to fill any casual vacancy on the Committee or amongst the Officers until the next Annual General Meeting. Any member so appointed shall retire at the next Annual General Meeting but shall be eligible for election at such meeting in accordance with the provisions for Proceedings at General Meetings.

Proceedings of the Committee

32. The Committee shall meet at least four times during the Term of the Committee in person and shall meet as often as may from time to time be fixed by the Committee. The additional meetings may be held in a manner suitable to the Committee and may include but not be limited to use of the telephone or internet.
33. Fifty percent of the voting members of the Committee shall be the quorum necessary for the transaction of business. A meeting of the Committee at which a quorum is present and has been properly convened shall be competent to exercise all the powers and discretions invested in the Committee by these Rules.
34. Questions arising at any meeting shall be determined by a simple majority of votes except as otherwise provided by these Rules. The Chairman shall only vote on issues requiring unanimity and in the case of an equality of votes, in which case the Chairman shall have the casting vote.
35. The method of voting shall be by a show of hands.
36. The Committee may from time to time as it shall see fit invite persons who are not members of the Committee to attend at and address a meeting or meetings of the Committee.
37. Subject to the aforesaid the members of the Committee may regulate their meetings and proceedings as they think fit.
38. The Committee shall within two weeks of each meeting record the decisions that it has taken and publicise these to members via Spond.

Powers of the Committee

39. The policy, direction and management of the affairs of the Club shall be vested in the Committee, subject always to the provisions of these Rules. The Committee is responsible for ensuring the administration of the Club is properly performed by the Officers. In addition to the powers and authority expressly conferred upon the Committee by the Rules, the Committee may exercise all such powers and do all such acts and things as may be expressly directed or required to be executed or done by the Club in the General Meeting.
40. Without prejudice to the general powers conferred upon the Committee, the Committee shall have the following powers:
 - a. Subject to the provisions of these Rules, to make, repeal, and amend all such regulations as they shall think expedient for the management and well-being of the Club. All regulations made by the Committee under this rule must be available to Members at the Club Headquarters and on the Club website at all times and shall be binding upon the Members until repealed by the Committee or set aside by a Resolution of a general meeting of the Club.
 - a. To appoint any person or persons to accept and hold in trust for the Club any property belonging to the Club or in which it is interested.
 - b. To make and give receipts, releases and other discharges for any amount payable to the Club and for claims and demands of the Club.
 - c. To invest, place on deposit and deal with any moneys of the Club not immediately required upon any investments or securities which the Committee thinks fit.
 - d. To issue, sign, draw, endorse, negotiate, transfer and assign all cheques, bills, drafts, promissory notes, securities and instruments, negotiable and non-negotiable to operate on the Club's on-line banking accounts.
 - e. To enter into all such negotiations and contracts and rescind and vary all such contracts and execute and do all such acts, deeds and things in the name of and on behalf of the Club as they may consider expedient.
 - f. To pay all the costs and expenses of and incidental to any of the aforesaid matters and things.

- g. To determine how and by whom any such power shall be executed, operations effected, and documents signed or things done.
- h. To appoint Members or sub-committees consisting wholly or partly of the members of the Committee to exercise such functions as the Committee may from time to time delegate to them.

General Meetings

- 41. The Annual General Meeting of the Club shall be held within two calendar months of the end of October upon a date and at a reasonable time and place to be fixed by the Committee for the following purposes and order of business:
 - a. To receive from the Committee a report, balance sheet and statement of accounts for the preceding financial year;
 - b. To elect the Honorary Officers, the Committee, ratify the selection of the Honorary President for their terms as appropriate;
 - c. To decide on any Resolution which may be duly submitted to the meeting as provided by these Rules.
- 42. The Secretary shall, on the requisition in writing (including email) of not less than 10% of Members, convene a Special General Meeting within four weeks of the receipt by him or her of the requisition stating the business to be brought. No other business is to be discussed at a Special General Meeting.
- 43. Not less than six weeks' notice of an Annual General Meeting and three weeks' notice of a Special General Meeting specifying the place, day and time of the meeting shall be given to the Members.
- 44. The accidental omission to give any such notice to or the non-receipt of any such notice by any person entitled to receive the same shall not invalidate the proceedings at any general meeting.
- 45. Every notice calling a general meeting shall specify the general nature of the business to be transacted and shall specify if the meeting is to be an Annual General Meeting.

Proceedings at General Meetings

- 46. The quorum of a general meeting shall be fifteen Members personally present and entitled to vote. No business shall be transacted at any general meeting unless the required quorum is present.
- 47. If within an hour following the time appointed for the meeting a quorum is not present, the meeting shall stand adjourned to the same day in the next week at the same time and place or such other place as may be agreed by the majority of Members present. If at such adjourned meeting a quorum is not present those Members who are present shall be a quorum and may transact the business for which the meeting was called.
- 48. At all such meetings the President or Chairman, or in his or her absence a member of the Club selected by those members of the Committee present, shall take the chair.
- 49. At all general meetings every Member shall have one vote. Votes shall be given personally and not by proxy.
- 50. Every Resolution submitted to a meeting shall be decided by a show of hands and in the case of an equality of votes, on a matter on which the Chair has not voted, the chairman of the meeting shall have a casting vote.
- 51. Any Ordinary Member of one year's standing or Life Member who at the relevant time is a first claim Member may be nominated by any other two Members, with his/her approval, as a candidate for any of the posts of Honorary Officer or Ordinary Committee Member by notice in writing (including email) to the Secretary at least two weeks before the date of the Annual General Meeting. The nomination shall clearly state for which position(s) the member is standing. Candidates for the posts of Ordinary Committee Members shall also clearly state for which role(s) the member is standing.
- 52. A Member may accept nomination for any of the separately elected posts constituting the Committee subject to being eligible to hold only one of these posts at any time. If a Member shall be elected to a post during the prescribed course of business his or her name shall be deleted from all subsequent balloting for the remaining elected posts at that general meeting.
- 53. If the number of candidates for the post of Chairman, Secretary, Treasurer or each specified role of Ordinary Committee Member (as each falls for election) is only one, that candidate shall be declared elected. If the number of candidates is more than one, balloting lists shall be prepared containing in alphabetical order all the names thus proposed: every eligible Member may vote for each office, and

voting shall be by the Alternative Vote with the first candidate to reach a majority elected. Ballots shall be carried out for the posts in the order of Chairman, Secretary, Treasurer and then Ordinary Committee Member roles.

54. The Annual General Meeting may elect from those present a Returning Officer to oversee the elections conducted at the meeting.
55. The following rules shall apply to all general meetings:
 - a. All Resolutions and Amendments thereto shall be put to the meeting.
 - b. Resolutions proposed for consideration by a general meeting shall be submitted in writing to the Secretary at least three weeks before the date of the meeting.
 - c. Notice of the text of such resolutions shall be given by the Secretary at least two weeks before the date of the meeting and in accordance with the requirements for Notices set out in these Rules.
 - d. Two or more motions on the same subject may be combined at the discretion of the Secretary with the consent of each of the relevant proposers.
 - e. Amendments may be proposed at any time during debate although the chairman shall have the right to require these to be put in writing together with the name of the proposer.
 - f. The chairman shall deal with Amendments in the strict order in which they are proposed, although he/she shall have the right to refuse Amendments which negate the Resolution. If an Amendment to a Resolution is proposed, no further Amendments shall be proposed until the first is disposed of. If an Amendment is lost, a further Amendment may be moved to the original Resolution but only one Amendment shall be submitted to the meeting at one time; if an Amendment to a Resolution is carried, then the Resolution as amended shall become the Resolution to which further Amendments may be proposed.
 - g. During debate the proposer of a Resolution may accept an Amendment to the Resolution, in which case the amended Resolution shall become the Resolution under debate. The proposer of a Resolution may not propose an Amendment to his/her own Resolution.
 - h. No Member present other than the proposer shall be entitled to speak more than once to each Resolution and to each Amendment except with the leave of the chairman notwithstanding that any Member may address the chairman on a point of order. The proposer shall be entitled to the right of reply except where a Resolution has been displaced by an Amendment when the right of reply shall pass to the proposer of the final Amendment.
 - i. The following Resolutions may be proposed at any time without previous notice:
 - i. That the order of Resolutions maybe changed to give precedence to a item or items.
 - ii. That the question be now put. The chairman may defer this Resolution if in his/her opinion there has been insufficient discussion of the Resolution or Amendment in question.
 - iii. That the proposer be given leave to withdraw a Resolution or Amendment. This Resolution shall be debated and decided by the Meeting.
56. At any general meeting a declaration by the chairman that a Resolution has been carried by a majority or lost or not carried by a particular majority and an entry to that effect made in the minutes shall be conclusive evidence of the fact without proof of the number of proportion of the votes recorded.
57. The Chairman of the general meeting may with the consent of the meeting adjourn the same from time to time and from place to place but no business shall be transacted at any adjourned meeting other than the business left unfinished at the meeting from which the adjournment took place.
58. The minutes of the Annual General Meeting shall be published on Spond and be available from the Secretary within one calendar month of the meeting.

Accounts

59. The Committee shall cause proper books of account to be kept. The Treasurer shall provide a summary of all accounts at each Committee meetings. The books of account shall always be open to the inspection of all members of the Committee.
60. The Committee shall lay proper accounts for the previous Financial Year before the Annual General meeting each year. These shall be accompanied by a report of the Committee as to the state of the affairs of the Club. The Financial Year for the purposes of these Rules shall run from April 1 to March 31 in the subsequent calendar year to include both dates.

61. A copy of the accounts and the report shall be given in accordance with the requirement for Notices set out in these Rules not less than one week before the Annual General Meeting.
62. The Club shall at each Annual General Meeting appoint an Auditor to hold office until the next Annual General Meeting.
63. The Committee may fill any casual vacancy in the office of Auditor but while any such vacancy continues the surviving or continuing Auditor if any may act. Any Auditor so appointed shall hold office until the next Annual General Meeting.
64. The Auditor shall make a report to the Members on accounts examined by him/her on every Balance Sheet laid before the Club in a general meeting during his/her tenure of office and the report shall state:
 - a. Whether or not he or she has obtained all the information and explanations he/she has required, and
 - b. Whether in his or her opinion the Balance Sheet referred to is properly drawn up so as to show a true and fair view off the state of the affairs of the Club according to the best of his or her information and the explanations given to him/her and as shown by the books of account.
65. Every Auditor of the Club shall have a right of access at all times to these books of account and vouchers of the Club.

Interpretation of the Rules

66. The definitive copy of these Rules (Club Constitution) shall be available for members to inspect on the Club website. The definitive copy shall be dated and signed as such by the Honorary Secretary. In the event of a discrepancy between copies of the Rules, the definitive copy shall take precedence. The Committee shall be the sole authority for the interpretation of these Rules and regulations made in accordance with these Rules. The decision of the Committee upon any questions of interpretation or upon any matter affecting the Club and not provided for by these Rules shall be final and binding on the Members except if otherwise directed by the Club in general meeting.

Amendment of the Rules

67. These rules may be added to, repealed, or amended by resolution at any Annual or Special General Meeting, provided that no such resolution shall be deemed to have been passed unless it is carried by a majority of at least 50% of the Members voting thereon.

Dissolution of the Club

68. If at any general meeting a Resolution for the dissolution of the Club shall be passed by a majority of the Members present a Special General Meeting shall be convened to be held not less than four weeks thereafter (of which two weeks written notice shall be given to each Member in addition to the other provisions for Notices) to further consider the matter.
69. The quorum for any Special General Meeting convened in accordance with Rule 72 shall be 15 of the Members entitled to vote and any such Resolution shall only be successful if then passed by a majority of two thirds of the Members voting.
70. In the event of the dissolution of the Club, any assets remaining after the satisfaction of all debts and liabilities shall not be paid to or distributed among the Members of the Club, but shall be given or transferred by the Committee to one or more of the following approved sporting or charitable bodies as shall be nominated at the SGM:
 - a. A registered charitable organisation(s) with similar objects to the club.
 - b. Another club which is a registered Community Amateur Sports Club with similar objects to the club.
 - c. The sports' national governing bodies for use by them for related community sports.

Notices

71. Any notice required to be given under these Rules will be deemed to have been given and received when it is prominently displayed in the Club Headquarters and on the website,

www.teesdaleac.com. Notwithstanding this strict requirement, the Committee will endeavour to the best of its efforts to advise all Members of the details of any such notice as soon as its details are generally known.

Declaration

72. Teesdale Athletic Club hereby adopts and accepts this Constitution (Rules and Regulations) as a current operating guide regulating the actions of members.

Name		Position	Chair
Sign		Date	

Name		Position	Secretary
Sign		Date	